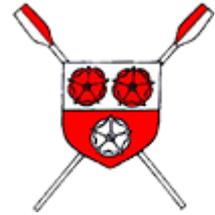


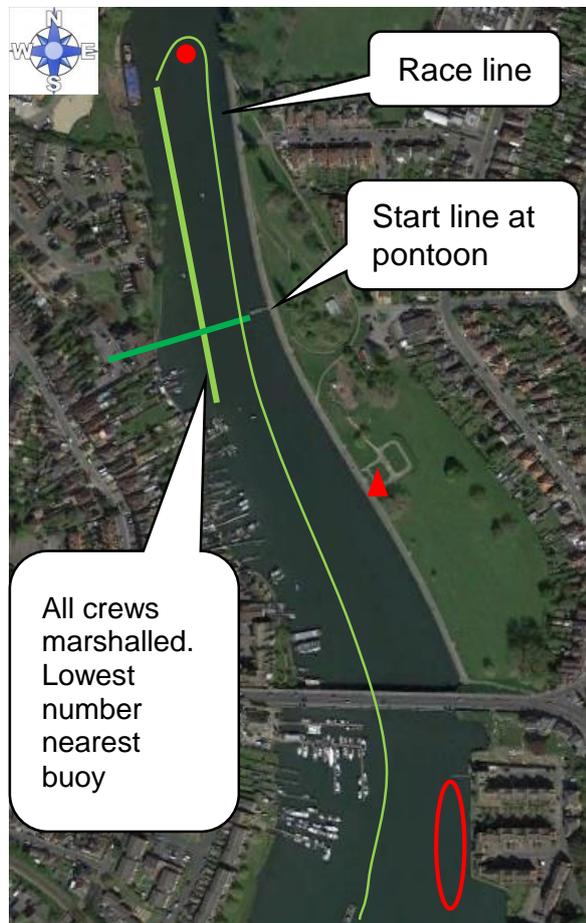
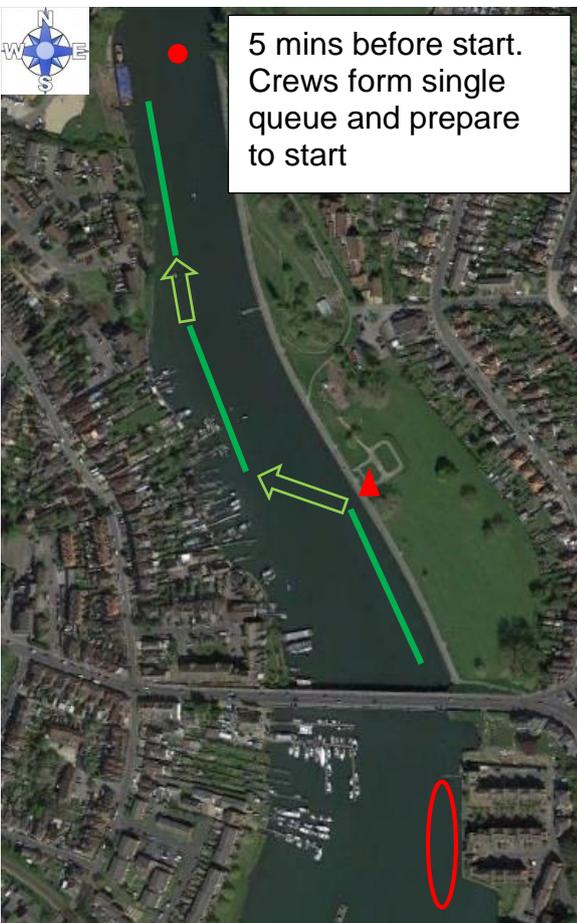
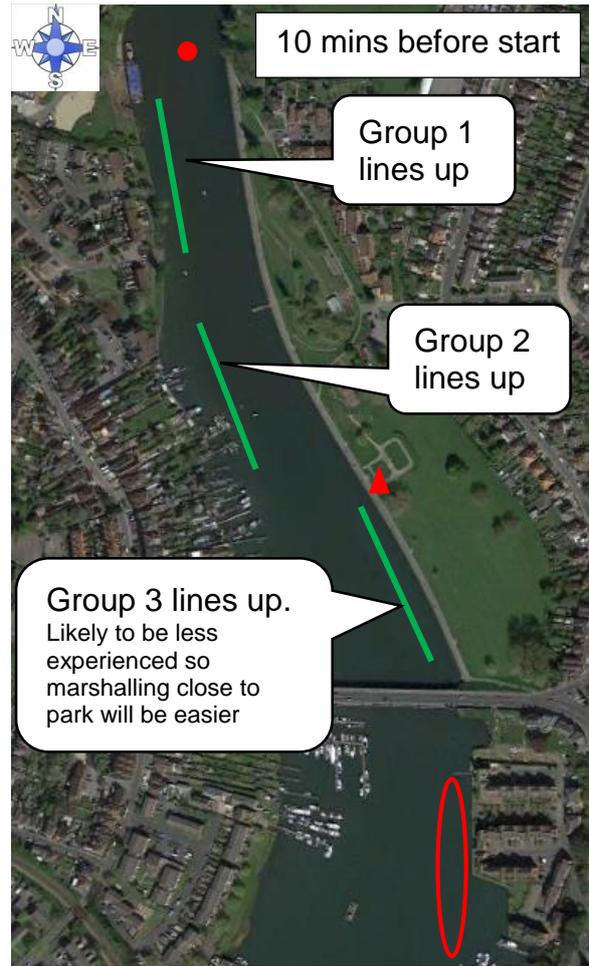
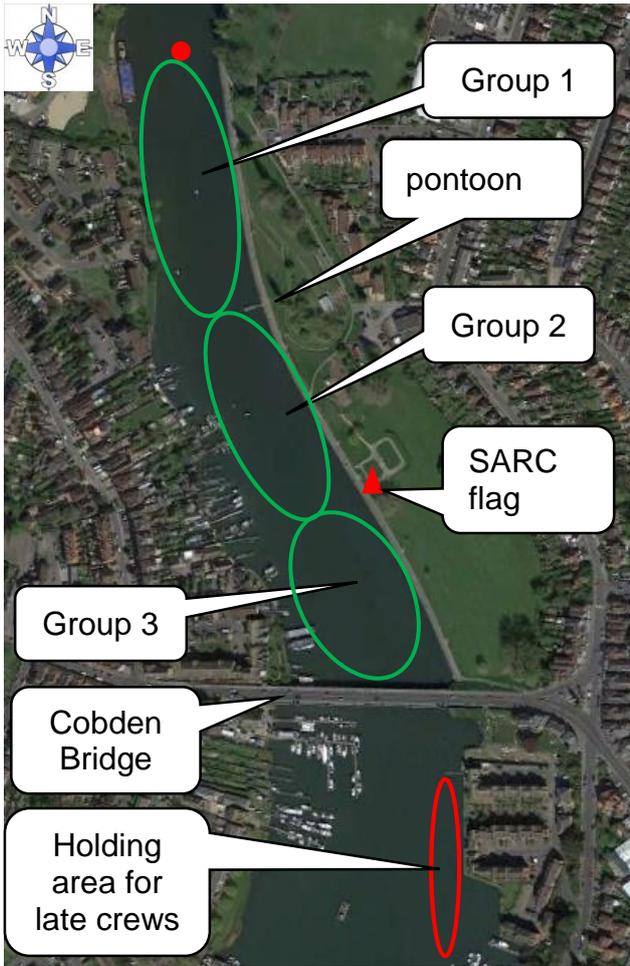
# Southampton Head of the River for Coastal Fours



Saturday 18<sup>th</sup> April 2015

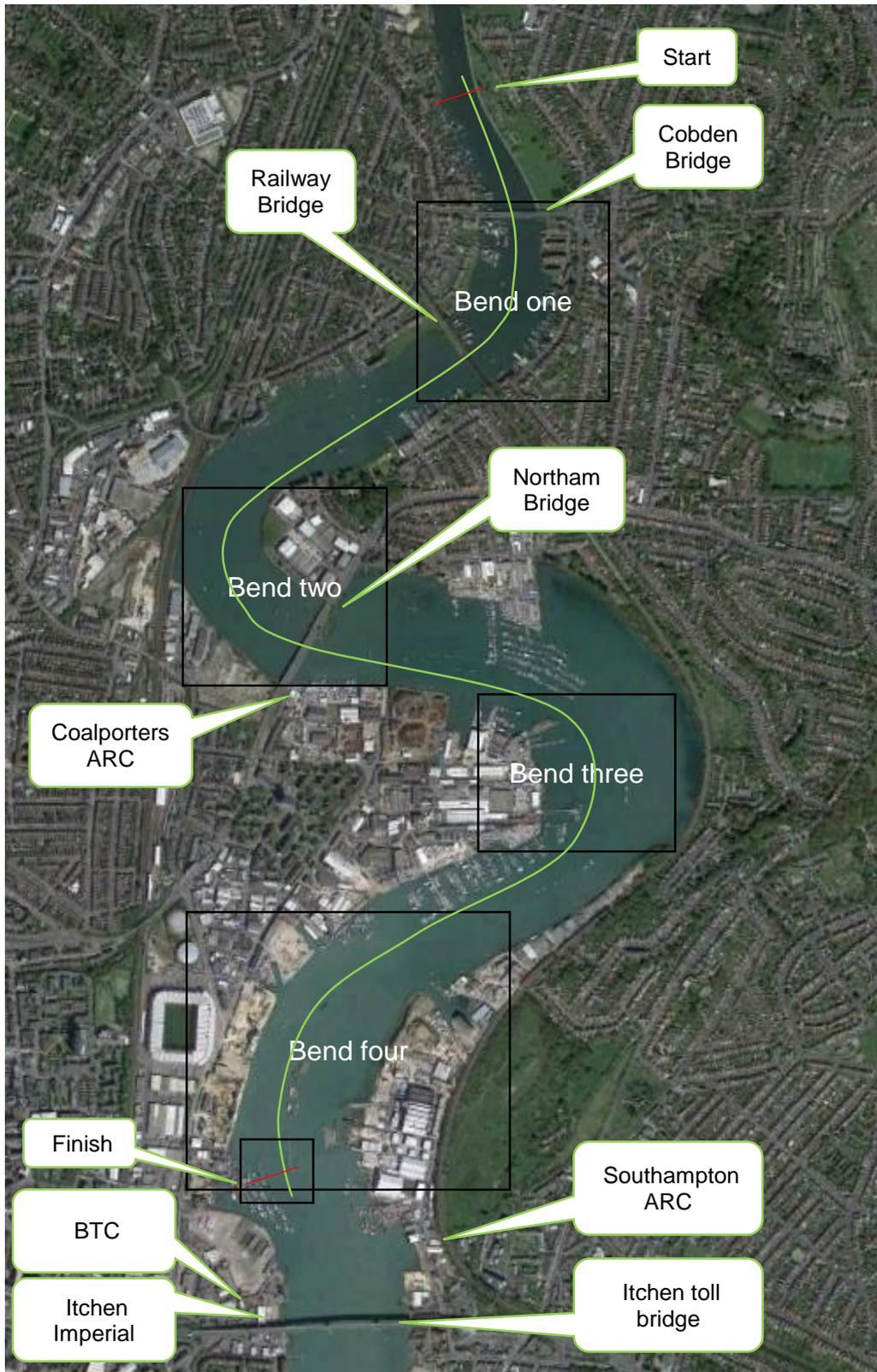
## Marshalling and start

- To ensure a prompt start all crews should be above Cobden bridge at least 10 minutes before the published start time for each division i.e. 10:50 and 12:50 respectively and will be checked in by the marshal.
- Any crews arriving after 10:50 for div one or 12:50 for div 2 will either be allowed to join group 3 or held below Cobden bridge until after all other crews have started at the discretion of marshal. Any crew told to join group 3 and attempting to move into a higher group will be disqualified.
- Crews should take warm clothes to the start in case the start is delayed for safety reasons e.g. major shipping movements. Crews will be given at least 5 minutes warning of the start to prepare.
- Crews will be directed to one of three groups shown below where they should follow the directions of the marshal for that group.
- Approximately 10 minutes before the start time crews will be instructed to line up within their groups and then form a single queue.
- Crews will be instructed to turn the buoy at suitable intervals and build to the start where the timing will begin accompanied by the words "number x- go". Timing will start at the pontoon, approximately 200m from the turning buoy.
- Crews should move up towards the buoy as other crews start.



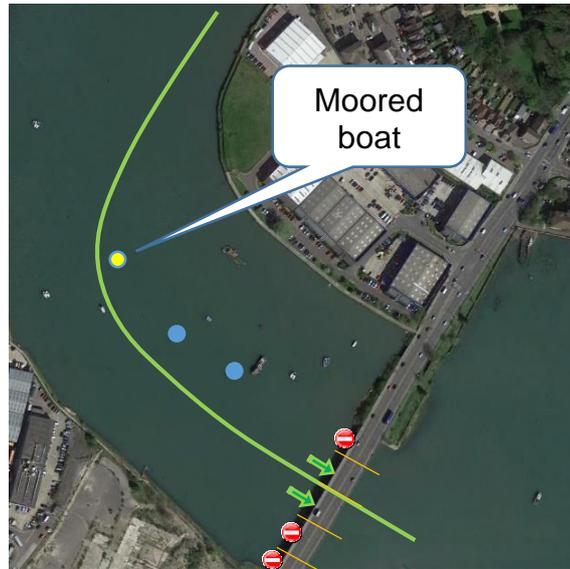
## Details of course

There are a number of places on the course where crews must take a particular line for safety reasons. These are shown on the maps below. Failure to take this course may result in penalty or disqualification.





**Bend one-** After Cobden bridge steer to the left of the two blue buoys just before the railway bridge. Take the centre arch through railway bridge.



**Bend Two-** Steer to the right of the moored boat and large black buoys. Do not take the far left arch of Northam bridge. Take either the arch with the sign above or the arch to the left.



**Bend three-** Steer to the left of the red navigation post.



**Bend four-** Steer to the right of the yellow/ rusty buoys and moored boats when passing the stadium. Steering inside will result in not passing the finish line.

