



Southampton Amateur Rowing Club Southampton Head of the River Coastal Fours

Saturday 18th April 2015

4150m on the River Itchen from Riverside Park

Division one- 11:00

Senior men
J/S men
Junior men
Novice ladies
Masters men 40+
Masters men 50+

Division two- 13:00

Senior ladies
Junior ladies
Novice men
Masters ladies
MJ16 4X+ coastal
WJ16 4X+ coastal

Pennants for fastest mens and ladies crew

Trophies for status winners

Individual 'pots' for status winners (where 3 or more crews entered)

Aggregate cup

Entry fee- £20 per crew (£28 for late entries)

BACS payments to Southampton Amateur Rowing Club

Sort code 30-99-87 account number 00567941. Using reference SHORR.

Cheques payable to 'Southampton Amateur Rowing Club'

Entries by **Friday 10th April 2015** to;

Justin Smith, C/O Southampton Amateur Rowing Club,

Hazel Road, Woolston, Southampton, SO19 7GA

Email- j.t.smith@btinternet.com

Draw will be held at SARC Sunday 12th April at Noon.