

Southampton Amateur Rowing Club

Coastal fours HORR



Rules

1. Coxswains must wear approved life jackets and the condition of boats and equipment must be in accordance with RowSafe.
2. Crews must carry their allocated race number on both sides of their boat near the bow so that it can be clearly seen from either side of the boat and on the backs of the Bow Rower and the Coxswain so that it can be clearly seen throughout the race.
3. Crews must give way when being overtaken. Failure to do so may result in disqualification.
4. Deviating from the course laid out or not obeying instructions from a marshal or umpire may result in penalty or disqualification.
5. Overtaking is not permitted before the iron railway bridge.

General notes

- Others water users have been informed of the race but be aware they still have the right to use the river.
- Coxswains should be vigilant when passing marinas as not everyone will be aware that a race is in progress.
- Safety boats will try to warn other water users of the race but it cannot be assumed that they have been told or taken notice.
- Crews still rowing to the start after the division start time should stay away from the race line to avoid interfering with racing crews.
- Any incidents (collisions, capsizes etc) should be reported to the organisers.
- Crews should continue rowing after the finish to avoid congestion at the finish. Crews causing an obstruction at the finish may be penalised or disqualified.
- When rowing back to clubs please be aware of other crews still competing.

The division times are dictated by tides so that everyone gets to race on a high, standing tide. For this reason all crews must be at the marshalling area 10 minutes before the start of the division.

The finish has been moved about 250 meters upstream so that crews now pass very close to the finishing position. This makes identification of crews much easier, there is very little chance of other boats obscuring the finish timer's view and timing will be more accurate. The above will hopefully allow results to be published more quickly than previously.

- The starting order will be drawn on the Sunday immediately following the closing date for entries at 12 Noon at Southampton ARC Clubhouse.
- The "Courage Shield" will be awarded to the club with the lowest aggregate times for their fastest three crews. N.B. Must include at least one ladies crew, and all three crews must be of different status.
- In the event of a tie the higher number crew will take precedence.
- This event is an official Hants and Dorset ARA event and will be run in accordance with the British Rowing Row Safe Code.
- ALL numbers to be collected from Southampton ARC Clubhouse at registration.
- Race monitors will be stationed at strategic points along the course noting the number of any crew failing to comply with race rules.
- Visiting clubs **MUST NOT PARK** their towing vehicles or trailers either outside the SARC clubhouse or in Hazel Road, other than for unloading/loading. **FREE PARKING** will be available within 400 meters of the club. Please contact Justin Smith at j.t.smith@btinternet.com if you wish to park a trailer.

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Tides

