



SOUTHAMPTON AMATEUR ROWING CLUB

**Regatta 2022
Emergency Plan**

Reviewed 31/10/2021

Aim

This guide is to ensure that all members of the race committee, race officials and all participating clubs are aware of the actions to be taken in the event of an emergency situation occurring

Communication

Race Control- SARC Oliver Starkey (Club Captain) - 07516415870

- This will be manned prior and during the event
- Race controller will have constant communication with all race marshals, and safety launches
- A separate brief to all Safety Launch crews to be held ahead of going afloat on responsibilities and actions to be taken during racing

Covid

- All participating clubs are to have and adhere to their Club procedure relating to Covid (in line with latest Government & BR guidelines) – this may include
 - Exclude all who have symptoms or awaiting test results
 - Social distancing, Recommended
 - Disinfecting of equipment –Blades Boats etc
 - PPE – Be available
 - Launches – Must have PPE
 - Advised regular Rapid Flow testing by all crews and coach staff & other key staff
 - Negative test result on day of Regatta

Safety exit points

- There are a number of exit points along the course
 - Along the shore
- Safety launches will guide to nearest safety landing point

Weather

The weather conditions will be discussed and relayed to all team captains at the safety brief

- Lightning – Race will be suspended / cancelled – Weather forecast will be checked in advance
 - All crews advised to leave water if lightning is suspected at the nearest exit point
 - All officials in the start / finish tower will be evacuated and brought ashore
- Strong winds – gusting strong winds can cause tented structures to move and strike people – all structures are to be tethered sufficiently
- Control tower will be evacuated if winds pick up and are deemed too strong

Collision – All captains are to be briefed at safety brief,

- Cox's all made aware of the narrow points and obstructions
- Safety launch will be called to assist – if needed evacuate any injured to first Aid,
- Tow boats to shore if needed.
- All collisions are to be reported to race officials and incident report to be completed

IN THE EVENT OF A CAPSIZE

- If out of your depth & unable to wade ashore, hold onto the capsized hull as a buoyancy aid & attempt to swim it to shore.
- If the water is cold, get as much of your body out of the water as soon as possible, draping yourself over the upturned hull (if necessary turning over the hull for this purpose).
- If possible, "buddy-up", holding on to each other until rescued to provide mutual warmth & support & to help ensure all are accounted for.
- Other boats in the vicinity should fetch help or a launch if one is available. **DO NOT ATTEMPT TO RESCUE FROM ANOTHER ROWING SCULL** - you are likely to tip over, putting more people in the water with no one to get help.

IN THE EVENT OF A SERIOUS INCIDENT

- **IN A MEDICAL EMERGENCY, INCLUDING A CREW MEMBER BEING TAKEN SERIOUSLY ILL OR BECOMING UNRESPONSIVE, IMMEDIATELY:**
 - Raise the Alarm with a launch or with other boats if available.
 - Emergency response will be by paramedics on site
 - If needed directed by on site medical team - Use a mobile phone to dial for emergency assistance 999; OR if no mobile phone available row to the nearest location where a safe landing can be made, get to a telephone, & make a 999 call, indicating the closest access location

In the event of an emergency the race controller will take over all command and contact the emergency services / rescue services

Regatta control will have direct communication with race officials and course marshals, first aid and all clubs.

The regatta will be suspended at any time if:

- If considered necessary by race official (J Bailey) following consultation with other race officials
- First Aid provision at Club House