



# Southampton Amateur Rowing Club Southampton Head of the River Coastal Fours

## Saturday 14<sup>th</sup> April 2018

4150m on the River Itchen from Riverside Park

### Division one - 1100

Senior men  
J/S men  
Junior men  
Novice men  
Masters men 40+  
Masters men 50+  
WJ16 4X+ coastal  
Mixed 4+ \*

### Division two - 1300

Senior ladies  
Junior ladies  
Novice ladies  
Masters ladies  
MJ16 4X+ coastal  
Mixed 4+ \*

**Pennants for fastest men's and ladies' crew**

**Trophies for status winners**

**Individual 'pots' for status winners (where 3 or more crews entered)**

**Aggregate cup**

**\* Crews must be of mixed gender and status**

**Entry fee- £24 per crew (£34 for late entries)**

BACS payments to Southampton Amateur Rowing Club  
Sort code 30-99-87 account number 00567941. Using reference SHORR.  
Cheques payable to 'Southampton Amateur Rowing Club'

Entries by **Friday 6<sup>th</sup> April 2018** to;  
SHORR Secretary, C/O Southampton Amateur Rowing Club,  
Hazel Road, Woolston, Southampton, SO19 7GA  
Email - jameshollis@mail.com

Draw will be at SARC Sunday 8<sup>th</sup> March @ 1200